



Ref: NSDC/QA&Std/1.1/DrishteeSkillDevelopmentCenter/CERTXTSWT002

Certificate in Basic Sewing and Tailoring

SYALLABUS/CURRICULUM

This program is aimed at training candidates for the Basic Tailoring where candidates can be self employed or self sufficient with micro level task in sewing , in the Textile Sector / Industry and by the end of the program aims at building the following key competencies amongst the learner:

1. Learn the required Sewing and tailoring techniques	2. Understand and do the activities like taking measurements, drafting and cutting of simple and standard products
3. Will able to make saleable or self used products like – Petticoat, Tunics, Blouse, Baby dress , gents basic apparel.	
4. Trade related health hygiene and Safety	5. Soft Skill and Financial literacy

S.No	Topic/ Module	Duration (Hrs/Wks/Mths)	Key learning Outcomes
1	Introduction to stitching	2 hrs	<ul style="list-style-type: none"> Will understand the required tools and materials in stitching
2	Sewing Machine parts General stitching problem and trouble shooting	4hrs	<ul style="list-style-type: none"> Will able to understand the detailed parts of machine Will able to rectify the basic problems in stitching Troubleshoot the problems
3	Body measurements	4 hrs	<ul style="list-style-type: none"> Will understand the required parameters for body measurements Will able to take body measurements
4	Sewing machine running practice	6 hrs	<ul style="list-style-type: none"> Will able to run the sewing machine in coordination Will have hands on practice on running machine
5	Different types of hand stitches	2 hrs	<ul style="list-style-type: none"> Will able to do hand stitches required in tailoring practices
6	Different types of darts,	4 hrs	<ul style="list-style-type: none"> Will able to stitch mentioned items



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	pleats, gathering, frills		smoothly on any pattern of apparel
7	Assignment – small potli or cushion cover	3 hrs	<ul style="list-style-type: none">• Will able to draft and stitch the provided task smoothly
8	Baby dress	8 hrs	<ul style="list-style-type: none">• Will able to take measurement, draft it, make pattern, do cutting and stitching for any plain baby dress• Will also learn drafting of different patterns
9	Simple and Lining blouse	8 hrs	<ul style="list-style-type: none">• Will able to take measurement, draft it, make pattern, do cutting and stitching for simple and lining blouse• Will also learn drafting pattern of different types of necks and sleeves designs
10	Assignment 2 – Baby dress or simple Blouse	3 hrs	<ul style="list-style-type: none">• Will able to draft, cut and stitch suggested assignment smoothly
11	Petticoat	6 hrs	<ul style="list-style-type: none">• Will able to take measurement, draft it, make pattern, do cutting and stitching for 4 kali petticoat
12	Ladies Kurti / tunics	8 hrs	<ul style="list-style-type: none">• Will able to take measurement, draft it, make pattern, do cutting and stitching for Ladies Kurti• Will also learn drafting pattern of different types of necks and sleeves designs
13	Ladies Pyjama and Churidar	10 hrs	<ul style="list-style-type: none">• Will able to take measurement, draft it, make pattern, do cutting and stitching for Simple ladies salwar and churidar
14	Gents Kurta and simple pyjama	8 hrs	<ul style="list-style-type: none">• Will able to take measurement, draft it, make pattern, do cutting and stitching for simple gents kurta and pyjama
15	Simple boys shirt	8 hrs	<ul style="list-style-type: none">• Will able to take measurement, draft it, make pattern, do cutting and stitching for simple boys shirt with collar and front pocket fixing



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16	Assignment 3- Ladies or Gents Kurta	3 hrs	<ul style="list-style-type: none">• Will able to draft, cut, stitch provided assignment smoothly
17	Soft Skills and Trade related health and hygiene	3 hrs	<ul style="list-style-type: none">• Will understand the basic trade related communication and interpersonal skills, Financial literacy with safety and health measures.

Total Program Duration: 90 Hours (2 Months)